

GARDENING & LIFE SKILLS GROUP

"Growing and Being Together"

At the gardening and life skills group you will learn about gardening, cooking and healthy living. The group is for adults who have Autism or may experience difficulty getting out and about.



WHEN

Starting on 8th March 2022, the group will run weekly on Tuesdays at 10 am for 12 weeks.

WHERE

Coast Haven Community Garden 45 Robin Avenue, Norlane, VIC - We meet at the front of Aviary Cafe.

HOW TO JOIN

Please make contact with details at the bottom of this page. You will need to fill out some forms which we will provide.

WHAT DO I NEED FOR THE GROUP

You will need a hat, sunscreen.

For those that can afford it, there is a \$20 membership for soil, seeds, etc

NDIS funding covers facilitation costs for eligible participants under group activities, skills development and training or allied health assistance: please make contact to discuss.

Please contact Peter Weymouth on 0435345723, or email peter@lifeconnecttherapy.com.au for more information or to register.

